

## Tobacco Prevention Resources

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The following websites contain research-based information, and **free materials to order or download**:

<http://www.samhsa.gov/> Free brochures about **tobacco, alcohol, and other drugs**.  
<http://store.samhsa.gov/product/Tips-for-Teens-The-Truth-About-Tobacco/PHD633>

<http://www.drugabuse.gov/> Free brochures, posters, and curriculum materials about **tobacco, alcohol, and other drugs**. Additional information about National Drug Facts Week January 30-February 1, 2015 (and to register for Drug Facts Chat Day (January 30, 2015):  
<http://drugfactsweek.drugabuse.gov/>

[http://www.epa.gov/smokefree/publications.html#How\\_to\\_Order](http://www.epa.gov/smokefree/publications.html#How_to_Order) Free pamphlets with a smoke free home pledge. They come in English and Spanish and are distributed when the high school students do TATU in the elementary schools; also on Great American Smokeout Day

[www.ducktexas.com](http://www.ducktexas.com) excellent activities for elementary and middle school students using the DUCK mascot which was devised by middle school students for the Texas State Tobacco Prevention Pilot Study.

[www.worthit.org](http://www.worthit.org) excellent site with PSA's and information for high school students.

<http://tobaccofreekids.org/> Campaign for Tobacco Free Kids: excellent **fact sheets** and an **ad gallery including tobacco industry ads to demonstrate propaganda by tobacco industry**.  
<http://www.tobaccofreekids.org/>

[http://www.cdc.gov/tobacco/youth/information\\_sheet/](http://www.cdc.gov/tobacco/youth/information_sheet/) what youth should know about tobacco; what parents should know; what coaches should know; youth cessation guides.

[www.mylastdip.com](http://www.mylastdip.com) **Free online resource** to help young smokeless tobacco users (age 14 and up) quit.

<http://www.lung.org/stop-smoking/about-smoking/facts-figures/general-smoking-facts.html> American Lung Association: fact sheets on specific topics about smoking

[http://www.cancer.org/docroot/PED/content/PED\\_10\\_2X\\_Child\\_and\\_Teen\\_Tobacco\\_Use.asp?sitearea=PED](http://www.cancer.org/docroot/PED/content/PED_10_2X_Child_and_Teen_Tobacco_Use.asp?sitearea=PED) American Cancer Society

### E-Cigarettes (Electronic Nicotine Delivery Systems)

<http://www.legacyforhealth.org/content/download/582/6926/file/LEG-FactSheet-eCigarettes-JUNE2013.pdf> Fact Sheet containing information about background, components, and safety issues concerning ENDS (electronic nicotine delivery systems).

[http://www.drugabuse.gov/sites/default/files/drugfacts\\_e-cigarettes.pdf](http://www.drugabuse.gov/sites/default/files/drugfacts_e-cigarettes.pdf) Drug Facts: Electronic Cigarettes (e-Cigarettes); November 2013.

<http://teens.drugabuse.gov/blog/post/e-cig-popularity-rise-updated> E-Cig Popularity On the Rise (July 9, 2014).

<http://www.no-smoke.org/learnmore.php?id=645> Information about Electronic (e-) Cigarettes and Second-hand Aerosol. Americans for Non-Smokers Rights. Download the Fact Sheet:  
<http://www.nosmoke.org/pdf/ecigarette-secondhand-aerosol.pdf>

<http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm394667.htm> FDA proposes to extend its tobacco authority to additional tobacco products, including e-cigarettes. 24 April 2014.

[http://www.tobaccofreekids.org/tobacco\\_unfiltered/tag/e-cigarettes](http://www.tobaccofreekids.org/tobacco_unfiltered/tag/e-cigarettes) Campaign for Tobacco-Free Kids

A NYT article on the rapid increase of poisoning of children and some adults with e-liquid (e-juice) used to reload e-cigarettes. Nicotine, is an addictive and extremely toxic drug.

[http://www.nytimes.com/2014/03/24/business/selling-a-poison-by-the-barrel-liquid-nicotine-for-e-cigarettes.html?hp&\\_r=2](http://www.nytimes.com/2014/03/24/business/selling-a-poison-by-the-barrel-liquid-nicotine-for-e-cigarettes.html?hp&_r=2)

<http://www.cadca.org/resources/detail/new-york-times-warns-potent-liquid-form-nicotine>